Tipton Training UK and CAPP Dubai: Helping young dentists get ahead

Modern dentistry is presenting unique challenges for young professionals. In this article, Professor Paul Tipton, Clinical Director, Tipton Training and Dr. Conor O’Loughlin (Tipton Alumni) share their experience of preparing for a successful career in dentistry.

By Tipton Training

Time To Differentiate

Young dental professionals that want to reach the pinnacle of the industry must act to differentiate themselves in an increasingly competitive jobs market.

That’s the message from Tipton Training, a dental training centre that has fast-tracked the careers of many ambitious dentists.

“I think it’s important that newly qualified dentists recognise that they’ve just been taught the basics,” explains Professor Paul Tipton, Clinical Director at Tipton Training.

“University is there to get dentists qualified. But it’s important that young dentists realise that there is so much more to learn.

“It’s a little like passing a driving test. Doing so allows a person to drive on the road — but they only become an accomplished driver with hands-on experience. The same principle applies in dentistry, which is why we help dentists navigate this process.”

Real-world Knowledge Gaps

Conor O’Loughlin is one young dentist that Tipton Training has helped. Inspired by his father to enter the world of dentistry, Conor opted to study the field at university.

“I had always wanted to follow in my father’s footsteps as a dentist. He was passionate about dentistry, but my lack of self-confidence held me back,” explains Conor.

“It wasn’t until my mid-20’s when I had a burning desire to take action and send myself off to university. When I finished my studies, I thought I had all the tools under my belt to make a real impact in my chosen profession.

“But this wasn’t the case. I felt my fundamentals were somehow not refined enough, simply because I was seeing dental work fail. I then decided to speak to the professionals and find out where things were going wrong and how I could correct them.”

Investing In Training

This led to Conor enquiring and registering for a series of Tipton Training courses. Specifically, Conor enrolled onto The Restorative Course in 2016.

“I wanted a solid grounding in restoring teeth. Where better than The Restorative Course! I soon realised how naive I had been in my early years. Professor Paul Tipton opened my eyes to occlusion and how the mouth works as a whole,” says Conor.

“Rules and ideas which I overlooked were explained precisely. Some things can be learnt from a textbook - but to actually get involved in chats and seminars was a much better way for me to learn.”

The Level 7 Postgraduate Certificate in Restorative Dentistry explores the theoretical, scientific and engineering principles behind restorative dentistry. Consisting of six units over 14 days, delegates learn through a combination of practical sessions, lectures and demonstrations.

“The most important topic we cover on The Restorative Course is occlusion,” adds Professor Paul Tipton.

“Most newly qualified dentists are unfamiliar with the concept because universities don’t tend to teach it. However, occlusion is the major factor which determines whether restorations succeed or fail. It’s this kind of learning that helps many dentists, just like Conor, start to deliver treatments that exceed expectations.”

Further Practical Learning

After successfully completing The Restorative Course, Conor wanted a means of testing his knowledge in a practical environment.

With this in mind, he enrolled onto The Phantom Head Course in 2017. The course consists of six units delivered over six face-to-face days and two days of e-learning.

“I wanted some hands-on experience before putting my knowledge into practice. The Phantom Head Course was just perfect,” says Conor.

“The days spent drilling teeth over and over again were exhausting - but what better way to improve? Practice really does make perfect! I can safely say my preparations improved exponentially. Plus, I had a lot of fun along the way.

I was very lucky to have some great colleagues and mentors to make the days exciting! I now consider them lifelong friends.”

The skills Conor learnt on The Restorative Course and The Phantom Head Course were immediately applied in his practice setting - meaning he could complete complex cases confidently.

“An integral part of The Phantom Head Course concerns two-handed tooth preparation. I now consider almost all new restorations to be two-handed. It’s much more of a way of thinking, because you can think about the turbine in both hands.”

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The Phantom Head Course also explores how to use the speed increasing handpiece, select the right type of burrs, correctly use a mirror and adequately prepare a dental nerve.

Improved Confidence & Treatment Delivery

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Within months, I was producing beautiful restorative work from various crowns, onlays/overlays, veneers and many variations in bridgework. Literally days after a course, I was able to apply my new-found knowledge to everyday problems.”

What’s more, Conor has found that his ability to take on more complex cases has more than covered his original course fees.

“I would recommend Tipton courses - 110%. My courses, one year later, have paid for themselves,” says Conor.

“Of course, revenue is important, but now I can go to work and really look forward to more challenging cases.

“Who wants to spend the next 30 years just drilling and filling? The job’s not worth doing without satisfaction - and that is exactly what I have now.”

Postgraduate Certificates & Diplomas

As an approved EduQual centre, Tipton Training gives dentists the skills to provide first-class treatments to patients, maximising their earning potential.

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Successful completion leads to Master’s level National Vocational Qualification (known as a Level-7 qualification), which can help dentists stand out in a competitive jobs market.

Plus, these enhanced CPD compliant qualifications give dentists the skills to provide first-class treatments to patients, maximising their earning potential.

Dentists who want to establish a clear career path should consider registering for one of Tipton Training’s Postgraduate Certificate or Diploma courses. ▶

CAPP-Tipton Dental Academy offers

1. Restorative & Aesthetic Dentistry Certificate & Diploma
2. Clinical Endodontics Certificate & Diploma
3. Clinical Implantology Certificate & Diploma

For more information visit the above mentioned websites or Call/ WhatsApp +971528423659 or e-mail: pmollov@cappmea.com

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